

## EHS Symptoms

### I. Introduction: Reversible vs. Irreversible Symptoms

### II. Articles

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### (0) Introduction EHS Symptoms

The Symptoms of EHS can be grouped into:

- I. Reversible Symptoms,
- II. Irreversible Symptoms,
- III. Specificity of Symptoms,
- IV. Short-term vs. long-term effects,
- V. Correlation to MCS and CFS,
- VI. Synonyms for EHS.

**I. Reversible Symptoms** normally appear immediately after exposure to EMR above an individual threshold and disappear in an (relatively) EMR-free environment after hours, days, weeks, or months.

- a.) Well known *Reversible Symptoms* are tinnitus, hyperacusis, fatigue, sleep disturbances, attention deficit, memory loss, depression, headache, dizziness, skin problems, tremor, and many others, see e.g. [Magda Havas 2006](#).
- b.) The *Reversible Symptoms* of EHS are startlingly similar to those of present-day burn-out. This phenomenon suggests that EMR may be in many cases at least a co-factor of the development of burn-out, which is systematically ignored by all our honorable authors about burn-out.
- c.) Often, the susceptibility to EMR rises in the course of months or years, beginning with slight ailment, occasionally growing up to unbearable trouble.
- d.) Fatal, but hopefully reversible symptoms in severe cases of EHS are loss of power and inability to come to decisions about the solution of the problem. This may lead the sufferer into a hopeless blind alley. (Depression means hopelessness and often leads to suicide.)

**II. Irreversible Symptoms** e.g. are brain cancer, dementia, foetal damage, DNA damage, a shorter lifespan, increased rates of suicide, etc., see e.g. [Magda Havas 2006](#). Those symptoms often develop after a long period of impact of EMR, as

for example with people abusing cell phones and/or living in a Wi-Fi contaminated surrounding.

**III. Specificity of Symptoms.** None of all of the symptoms are EHS-specific, i.e., all of them can appear under a variety of circumstances without EMR being the cause. The best argument to demonstrate this is that all of those symptoms were even well known before the Wi-Fi age.

This brings about two problems:

- a.) In a certain case of a person lamenting harm of EMR it is difficult to confirm the cause-effect relation.
- b.) Science has got a hard job to demonstrate the harmfulness of EMR, see “Scientific Studies in General: Methodological Issues” in the PDF “Scientific Studies” on this Site. Nevertheless Scientific Studies seem to be the only way to get objective knowledge about the noxiousness of EMR, beyond subjective conviction.

The actuality of symptoms of EHS not being specific leads to the following eventualities:

- 1.) People may suffer from EMR without knowing the real cause (supposedly a frequent case);
- 2.) People may suffer from EMR attributing their problems correctly to EMR;
- 3.) People may attribute their health problems to EMR erroneously;
- 4.) It suggests itself that health problems in many cases have more than one cause.

**IV. Short-term vs. long-term effects.** It is simply a fact that different people are differing sensitive to EMR, at least as far as short-term reactions are concerned.

Does that mean that a person who notices nothing of EMR is well protected against long-term harm?

As far as we know, this question cannot be answered up to now.

On the other hand, this means that everybody who is exposed to EMR is a potential candidate of long-term harm. (Or can't be sure not to be so.)

Other dichotomies besides reversible vs. irreversible ailments in this context are: short-term vs. long-term effects and acute vs. chronic disorder

**V. Correlation to MCS and CFS.** Symptoms of EHS seem to be similar to those of MCS and CFS, at least in part. The question comes up, if those similar symptoms are essentially the same. (Taking into consideration that the human body has only a limited range of possible responses to environmental or psychological influences.)

## VI. Synonyms of EHS

Microwave Sickness, Radiation Sickness, Radio Wave Sickness, Microwave Syndrome, ...

– End of the Introduction to “Symptoms of EHS” –

## II. Articles

### (0) EHS Symptoms in English

“EHS Symptoms” Protect Your Family from EMF Pollution

WHO: Electromagnetic Fields and Public Health - Electromagnetic Hypersensitivity,  
Section: “What is EHS?”

„Dirty Electricity In Schools“\* »Symptoms of Radio Wave Sickness« Magda Havas Fall 2006

### (3) EHS Symptoms en Français

End of the page “EHS Symptoms”